



NSW TEAM SAILING
ASSOCIATION

NSW SECONDARY SCHOOLS TEAMS RACING CHAMPIONSHIP 2023

SAILING INSTRUCTIONS

Friday 17 to Sunday 19 March 2023

Host Club

Woollahra Sailing Club

Organising Authority

Woollahra Sailing Club
in conjunction with the
NSW Team Sailing Association



The Organising Authority (OA) is Woollahra Sailing Club (WSC in conjunction the NSW Team Sailing Association (NSWTSA).

The notation "NP" in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for infringing that rule.

1. RULES

- 1.1. The event will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2021 - 2024 including Appendix D - Team Racing and Addendum A to Appendix LG (Attachment A), and Australian Sailing's (AS) Special Regulations Part 2 (Off the Beach Boats).
- 1.2. Pacer class rules will not apply.
- 1.3. All races will be umpired in accordance with Appendix D2.
- 1.4. To comply with RRS D2.2 a boat may protest another boat by clearly displaying a red flag on a side-stay, raised at least 50cm above the deck. A red flag at the bottom of the side-stay will be regarded as "inactive". Once a penalty has been taken or the umpires have made a decision the flag shall be returned to its inactive position. This changes RRS D2.2.
- 1.5. From the time of her preparatory signal until she has finished, a boat which capsizes such that the masthead enters the water shall immediately retire from the race.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to these Sailing Instructions will be posted or notified in the changeover muster area and via VHF radio Channel 73 at least 15 minutes before the start of any race affected.
- 2.2. Oral instructions may be given on the water by the Race Committee and/or the Umpires, prior to the warning signal.

3. COMMUNICATION WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the Regatta Notice Board located in the Foyer of WSC.
- 3.2. Once a racing session has commenced Notices to Competitors may be posted on an information table near the changeover muster area or given verbally on the water in the method described in Instruction 2.
- 3.3. Team managers, coaches, team members and supporters shall not communicate in any way with competitors from the preparatory signal until all boats have finished or the Race Officer signals a postponement, general recall or abandonment.
- 3.4. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. SIGNALS MADE ASHORE

- 4.1. All signals made ashore will be displayed on the flag mast located in the middle of the WSC rigging area.
- 4.2. When displayed ashore flag "AP" means races not started are postponed. The first Warning Signal for the next race shall be made 20 minutes after the AP is lowered (amends race signal AP).

5. CHAMPIONSHIP SCHEDULE

- 5.1. The Championship intends to run as many races as possible on each day of the regatta.
- 5.2. On 17 and 18 March sailing will continue until as close to dusk as possible while allowing for a safe return to shore for sailors and officials.
- 5.3. The following table outlines the schedule of events:

Date	Time	Event
Tue 14 Mar	1800	Virtual Briefing for team coaches, school support staff and volunteers.
Fri 17 Mar	0800 - 0820	Competitor Registration for Round Robin 1. See also Instruction 6.6(e)
	0820	Competitor Briefing for Round Robin 1 - Pool A
	0900	First Scheduled Warning Signal
	0915	Competitor Registration for Round Robin 2 - Pool B
	0930	Competitor Briefing for Round Robin 2 - Pool B
	1015	Competitor Registration for Round Robin 3 - Pool C
	1030	Competitor Briefing for Round Robin 3 - Pool C
	1115	Competitor Registration for Round Robin 4 - Pool D
	1130	Competitor Briefing for Round Robin 4 - Pool D
	Post Racing	Umpire De-Brief
Sat 18 Mar	1030	Competitor Briefing
	1100	First Scheduled Warning Signal
		After two full rounds of Stage 2A - Swiss League completed - Stage 2B - Div 2 Round Robin commences
		At Completion of Stage 2B - Div 2 Round Robin - Swiss League recommences
		Post Racing
Sun 19 Mar	0800	Competitor Briefing via text message to coaches
	0900	First Scheduled Warning Signal
	Not before 1400	Umpire De-Brief and Presentation

5.4. No warning signal shall be made after 1300 on Sunday 19 March 2023.

6. CHAMPIONSHIP FORMAT

- 6.1. The Championship will be sailed in three boat teams.
- 6.2. Following a breakdown, races may be completed in two boat versus two boat format until repairs are completed or a substitute boat is provided. Boats selected to race in two boat versus two boat format shall be at the discretion of the race Umpires.
- 6.3. It is the sole responsibility of each team to report to the Regatta Marshall at the changeover muster area and be available for changeover prior to their scheduled race. Teams not available at the time of changeover shall be scored a loss for that race without a hearing. This changes RRS 63.1.
- 6.4. There are 25 teams entered in the 2023 NSWSTRC. The intended format has been refined based on 25 teams entering the regatta..
- 6.5. The OA intends the event to consist of the following stages:
 - a) Stage 1 - Qualifying Round Robins
 - b) Stage 2 - Qualifying Series - Open Swiss League and Division 2 Round Robin
 - c) Stage 3 - Final Series
- 6.6. **Stage 1 - Qualifying Round Robin**
 - a) Scheduled on Friday 17 March.
 - b) All teams will participate in the qualifying Round Robin (RR).
 - c) Teams will be divided into 4 pools - 3 pools of 6 teams and 1 pool of 7 teams. The pools have been drawn on a broad seeded basis and to allocate multiple teams from one school across pools.
 - d) Round Robins will be held for each pool sequentially commencing on the 17 March.
 - e) Teams are required to register at the times noted above for their relevant Pool. Teams are required to ensure registration is complete before the time of their Pool's briefing.
 - f) Each team in the pool will be allocated boats and remain in their allocated boats on water for the duration of the round robin.
 - g) Following the round robin all teams will be ranked in order determined by their results from the round robin. Ties will be split by points difference resulting from each team's pool results. If still tied teams ranking will be determined by a draw of teams.

- 6.7. **Stage 2A - Open Qualifying Series (Modified Swiss League)**
- Scheduled to run from Friday 17 March to Sunday 19 March 2023.
 - Will commence following Stage 1 is completed. Any incomplete round will be completed on the following day.
 - The 18 highest ranked teams following the Stage 1 Round Robins will participate in the Swiss League.
 - Teams will commence the Swiss League in the order determined following Stage 1.
 - As many rounds as possible of the Swiss League will be raced.
 - Incomplete rounds at the end of this stage will not be scored.
 - Teams shall be ranked in the order determined by the Swiss League. This changes RRS D4.
- 6.8. **Stage 2B - Division 2 Qualifying Series (Round Robin)**
- Scheduled from Saturday 18 March to Sunday 19 March 2023.
 - The 7 lowest ranked teams following the Stage 1 Round Robins will participate in Division 2.
 - Each team in the pool will be allocated boats and remain in their allocated boats on water for the duration of the round robin.
 - The Div 2 Round Robin will commence on Saturday 18 March following the completion of any unfinished round from the day and 2 rounds of the Stage 2A Swiss League.
 - Teams shall be ranked in the order determined by the Round Robin. This changes RRS D4.
- 6.9. **Stage 3A - Open Final Series (Knock Out Series)**
- Scheduled for Sunday 19 March 2023.
 - The top eight teams from Stage 2A will participate in this stage.
 - The standard finals format applied to all ATSA endorsed events is attached at Attachment C.
- 6.10. **Stage 3B - Division 2 Final Series (Best of 3 Races)**
- Scheduled for Sunday 19 March 2023.
 - The top two teams from Stage 2B will participate in the Division 2 Final.
 - The Final will comprise of best of 3 race final.
 - The Division 2 Final will be sailed in conjunction with the Open Final set out in Attachment C.
- 6.11. The Race Committee may change the format, terminate or eliminate any round or stage, when conditions or the remaining time scheduled do not permit the completion of the event format.
- 6.12. If insufficient racing is conducted to reach a clear conclusion to the championship a delayed finals day may be scheduled.

7. SUPPLIED BOATS

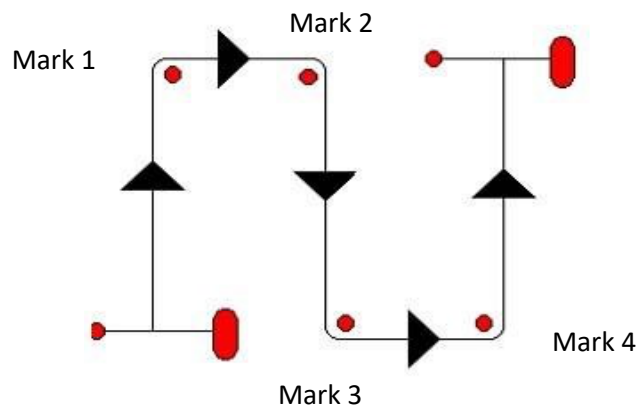
- The Championship will be sailed in three boat teams using Pacer type dinghies supplied by the OA. See Attachment A.
- The Race Committee (RC) will assign boats to teams for use in each race.
- All sailors from each team are required to supply their own bailers for each boat in which they are sailing, and maintain using these throughout the regatta.

8. VENUE AND RACING AREA (ATTACHMENT B)

- Woollahra Sailing Club is located at 2 Vickery Ave, Rose Bay, Sydney, NSW.
- Racing will take place in Rose Bay on Sydney Harbour in the vicinity of Woollahra Sailing Club.

9. COURSE

The course to be sailed will be a starboard hand digital N course, consisting of a windward leg, a leeward leg and a windward finish leg. There will be short reaching legs between each of the windward/leeward legs.



10. MARKS

- 10.1. Marks 1 and 2 will be yellow flag marks.
- 10.2. Marks 3 and 4 will be pink flag marks.
- 10.3. The Start Mark will be an orange flag mark.
- 10.4. The Finish Mark will be a blue flag mark.

11. THE START

- 11.1. The next race to start will be signalled, before or with the Warning Signal, on a board located on the stern of the Committee Boat.
- 11.2. The Starting line will be between an orange flag on the Committee Boat at the starboard end and the port end Start Mark.
- 11.3. Races will be started by using the below starting sequence. This changes RRS 26 and Race Signals.

Signal	Sound	Flag	Time before start
Warning	1 Short	Numeral Pennant 1 or 2 (in succession)	3 minutes
Preparatory	1 Short	Flag P	2 minutes
	1 Long	Flag P removed	1 minute
Start	1 Short	Numeral Pennant 1 or 2 removed	0

** Odd numbered races will use Numeral Pennant 1 for their Warning signal and even numbered races will use Numeral Pennant 2 for their Warning signal.

- 11.4. Starts may be made sequentially.
- 11.5. A boat starting later than 2 minutes after her starting signal shall be scored Did Not Start. This changes Rules 63.1, A5.1 and A5.2.

12. RECALLS

- 12.1. Recalls shall be signalled in accordance with RRS 29, except that flag X shall be displayed for no more than two minutes.
- 12.2. The Race Officer will attempt to call out the colour and bow number of any boats starting prematurely. Failure to hear the call shall not be grounds for redress.

13. TIME LIMIT AND ABANDONMENT

- 13.1. If no boat has finished within 20 minutes of the start the race will be abandoned.
- 13.2. Boats not finishing within five minutes of the first boat that sails the course and finishes will be scored DNF without a hearing. This changes Rule 35, 63.1 A5.1 & A5.2.
- 13.3. Abandonment may be signalled orally by the Race Committee and/or the Umpires. Abandoned races may be resailed and if so, a new warning signal will be made as soon as practical. This changes Rule 32 and Race Signals.

14. THE FINISH

The finishing line will be between the pole displaying a blue flag on the Finish Boat at the starboard end and the port end finishing mark.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. For protests and requests for redress other than protests under a rule listed in Rule D2.2, competitors shall inform an Umpire or the Race Committee prior to rotating boats or going ashore.
- 15.2. Rule D2.4 is amended such that a "Green or Green and White" flag will signal no penalty and a "Black or Black and White" flag will signal that an incident will be reported to the protest committee.
- 15.3. For hearings involving breakdowns, Rule D5 is changed to replace "Race Committee" with "Umpires".

16. SCORING

- 16.1. Appendix D3 [Scoring a Race] will apply to all races.
- 16.2. Stage 1 - Qualifying Round Robins will be scored per a round robin series.
- Placings shall be decided using the rankings at the end of the completed round robin determined by the results from all races making up the Round Robin.
 - The Round Robin will be complete when all teams have raced each other team in the pool.
 - Ties will be split by points difference resulting from each team's 7 races.
- 16.3. Stage 2A - Qualifying Series will be scored per the Swiss League.
- Placings shall be decided using the accumulated rankings at the end of the last completed full round.
 - In the case of a Swiss League a round is completed when all teams have raced once.
 - Where a complete round of races cannot be completed no results will be awarded.
 - Ties shall be broken in accordance with the following (Swiss League tie-break):

Rule D4.4 is deleted and replaced with

"Ties will be broken, in order of precedence, in favour of the team(s) that has:

- if the tie is between two teams only, won the last race between them.
- sailed more races against teams that have a higher place.
- sailed fewer races against teams that have a lower place.
- the lowest sum of the places of the teams the tied teams have beaten.
- the lowest sum of the places of the teams to which the tied teams have lost.
- beaten the highest-placed team the tied teams have individually beaten.
- not been beaten by the lowest-placed team to which the tied teams have individually lost.

Step 1 will be applied whenever a step leaves a tie between two teams. Steps 2 to 7 will be repeated until no more ties can be broken when remaining ties will be broken:

- by the draw for the first round; ties in odd-numbered rounds will use the draw, ties in even-numbered rounds will use the draw inverted."
- 16.4. Stage 2B - Division 2 Round Robins will be scored per a round robin series.
- Placings shall be decided using the rankings at the end of the completed round robin determined by the results from all races making up the Round Robin.
 - The Round Robin will be complete when all teams have raced each other team in the pool.
 - Ties will be split by points difference resulting from each team's 7 races.
 - If still tied, the team winning the race between the teams will be ranked the higher boat.

17. (NP) BREAKDOWNS

- 17.1. As per Appendix D5 except that in D5.2 "red flag" is replaced by "green flag". This changes RRS D5.2.
- 17.2. In the event of a breakdown races for that flight may continue as described in Instruction 6.2.

18. (NP) SUPPORT BOATS AND COACHING

- 18.1. Support Personnel (RRS Definitions) are allowed on water for Stage 1
- 18.2. Support Personnel (RSS Definitions) are allowed on water for Stage 2 of the event, however no on water coaching is allowed. This rule is entirely to ensure continuity of sailing between changeovers. Support Personnel noted by OA and umpires as coaching will result in boats eliminated from their next race and scored a 6.
- 18.3. Support Personnel (RSS Definitions) are allowed on water for Stage 3 of the event, with on water coaching allowed only between stages of the final series. However, to ensure continuity of sailing all coaching will cease at the first warning signal of each stage of the finals. No coaching will be allowed during a best of 3 or best of 5 finals stage. Support Personnel noted by OA and umpires as coaching will result in boats eliminated from their next race and scored a 6.
- 18.4. At all times Support Personnel must remain at least 50m from the course area in the area beyond mark 4 and the finish boat. Support Personnel may not follow racing around the course.
- 18.5. When requested to assist by the Race Committee, Support Personnel will respond immediately as requested.

- 18.6. Spectator craft shall stay at least 50 metres outside the set course area from the time of the first warning signal of the day until the conclusion of racing for the day, except when asked to assist by the Race Committee.

19. RUBBISH

No rubbish is to be dumped into the water. All rubbish is to be handed to official boats or taken ashore.

20. PRIZES

- 20.1. The NSWSTRC perpetual trophy will be awarded to the first placed NSW secondary school team.
- 20.2. Prizes will be awarded to the members of the winning team.
- 20.3. Other prizes will be awarded at the discretion of the Organising Authority.

21. RESPONSIBILITIES

The attention of all competitors is drawn to the responsibilities as detailed in the Notice of Race clauses 15 - Risk Warning, 16 - Host Club Risk Management and 17 - Liability Disclaimer.

22. OTHER INSTRUCTIONS

- 22.1. Roads and Maritime Services Regulations. See Attachment D.
- 22.1.1. (NP) Boats shall not interfere with the Commercial or Defence shipping of the Port. The attention of competitors is drawn to NSW Roads and Maritime Services (NSW RMS) regulations regarding the right of way of vessels entering or leaving port, ferries displaying orange diamonds and vessels engaged in towing. NSW RMS regulations specify *"Priority over Sail - Some Ferries on Sydney Harbour display an orange diamond shape which grants priority of way over sailing vessels. Sailing vessels must keep a minimum distance from these ferries of:*
- *200 metres from the bow*
 - *30 metres from sides or stern.*
- Do not attempt to cross the path of an approaching ferry displaying this signal".*
- 22.1.2. (NP) Boats found to have interfered with commercial shipping may be subject to action by the race committee in accordance with RRS 60.2.
- 22.1.3. (NP) All boats must abide by traffic directions of NSW RMS Boating Service Officers and the NSW Port Authority. Any boat directed to stop or alter course by NSW RMS Boating Service Officers as a result of an anticipated breach of the above rules, incident/collision or complaint shall do so immediately.
- 22.1.4. (NP) Any boats reported by NSW RMS as having contravened NSW RMS regulations shall be disqualified without a hearing. This changes RRS 63.1. Any alleged infringement of this clause shall not be grounds for protest by another competitor. This changes RRS 60.1.

ATTACHMENT A - ADDENDUM A to APPENDIX LG OF THE RRS 2021 - 2024

BOATS SUPPLIED BY THE ORGANISING AUTHORITY

A1 BOATS

- A1.1 Boats will be supplied for all competitors, who shall not modify them or cause them to be modified in any way except that
- (a) a compass may be tied or taped to the hull or spars;
 - (b) wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;
 - (c) hulls, centreboards and rudders may be cleaned, but only with water;
 - (d) adhesive tape may be used anywhere above the water line; and
 - (e) all fittings or equipment designed to be adjusted may be adjusted, provided that the class rules are complied with.
- A1.2 All equipment supplied with the boat for sailing purposes shall be in the boat while afloat.
- A1.3 The penalty for not complying with one of the above instructions is disqualification from all races sailed in which the instruction was broken.
- A1.4 Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, is disqualification from the race most recently sailed.

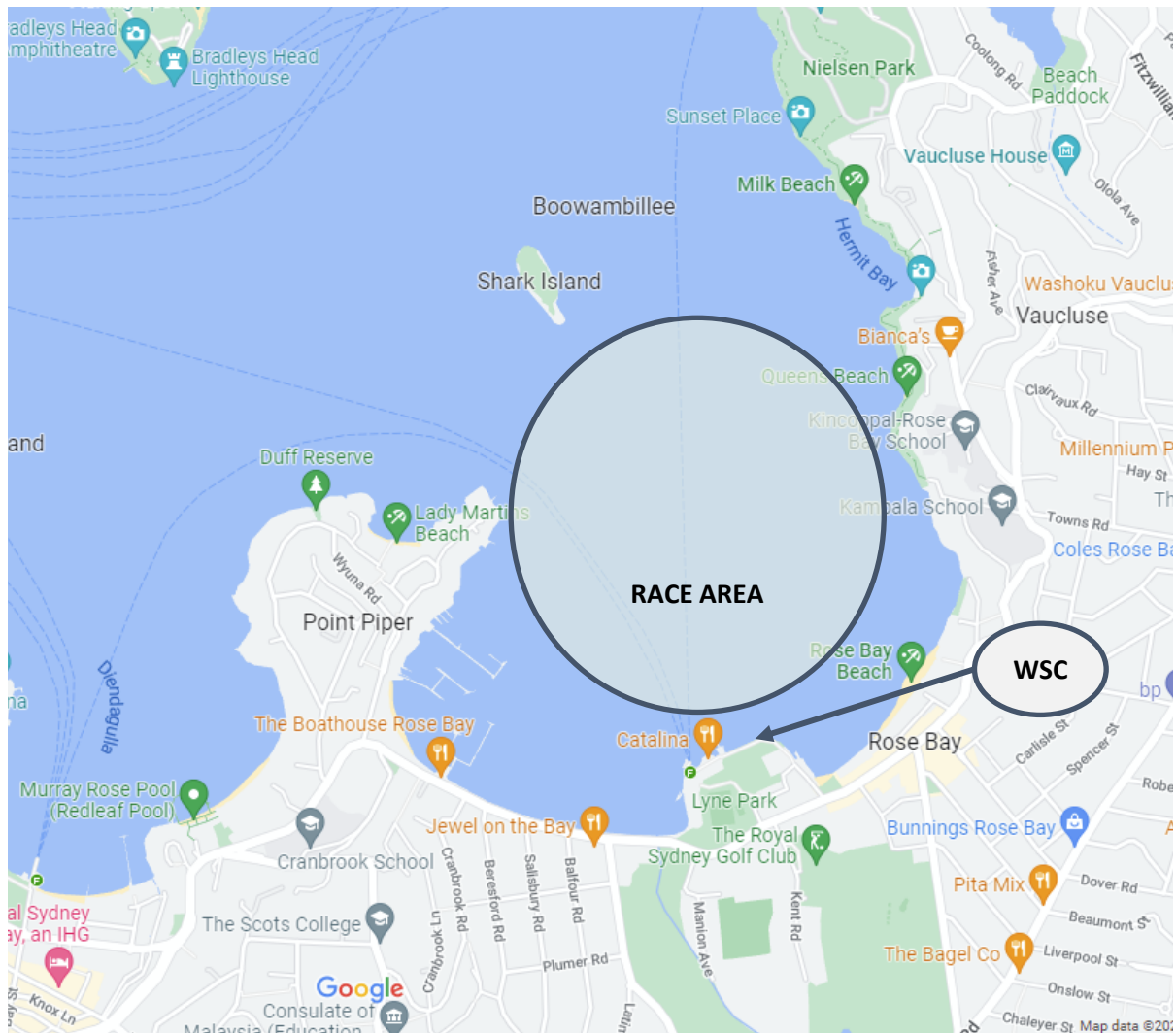
ATTACHMENT B - VENUE AND RACE AREA

Woollahra Sailing Club

Address: 2 Vickery Avenue, Rose Bay, Sydney, NSW

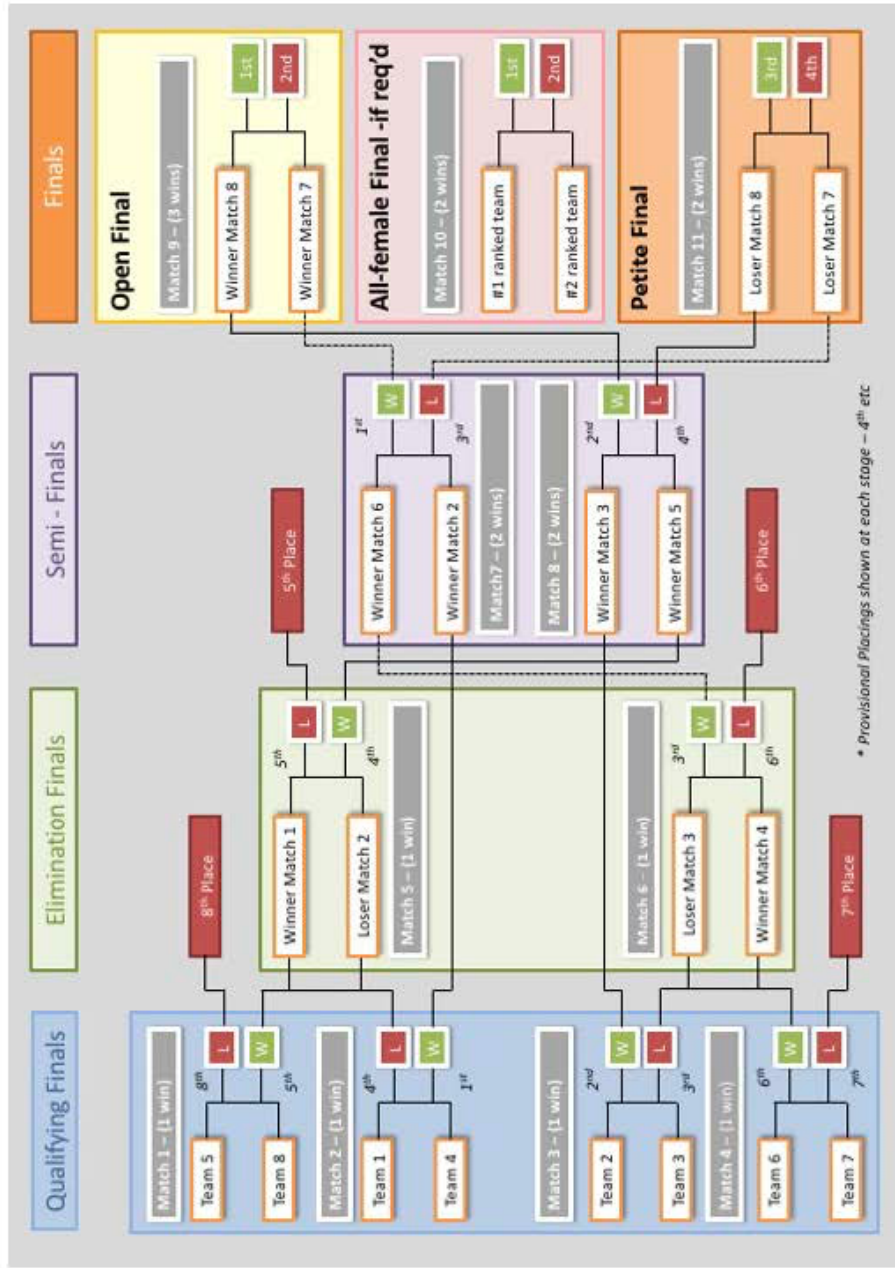
Website: www.woollahrasailingclub.org.au

Reception: +61 9371 9805



ATTACHMENT C - FINALS FORMAT

Attachment C – FINALS FORMAT – 8 Qualifying teams – Knock Out Format
 Note: All-female Final shown if required – see Sailing Instructions.



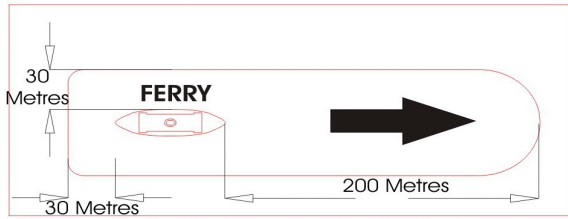
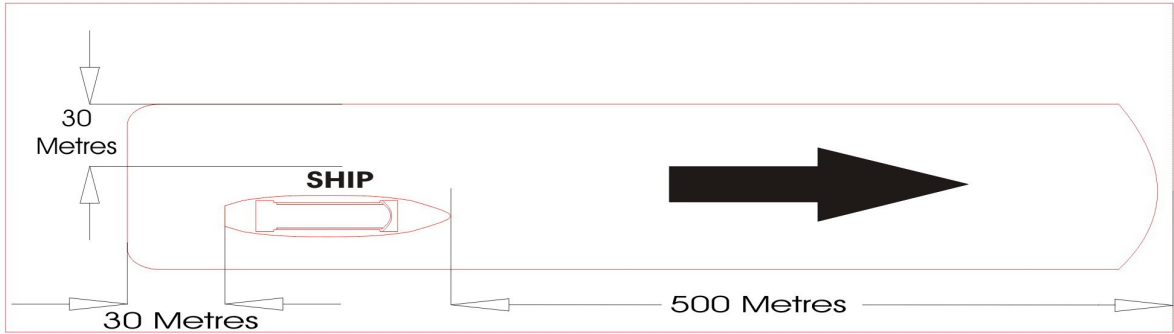
Scoring

- Winner of Matches 1-6 will be 1st team to score 1 race win.
- Winner of matches 7, 8, 10 and 11 will be 1st team to score 2 race wins.
- Winner of Match 9 will be 1st team to score 3 race wins.

Contingencies

- In the event Final series is not completed, respective provisional placings shown in table will prevail, subject to SI's and RRS App D.
- Should the OA determine it is not possible to complete all the matches in the Final Series, early stages may be deleted or amended in favour of later stages
- The order in which matches are raced may be amended to suit prevailing conditions and boat allocation.

ATTACHMENT D - SHIP AND FERRY ACTIVATED EXCLUSION ZONES



SHIP & FERRY ACTIVATED EXCLUSION ZONE